



SOROPTIMIST®

Investing in Dreams

Official Invitation Call to the 105th NWR Conference

**Soroptimist International of the Americas, Inc.®
Northwestern Region**



**April 25-28, 2024
Hyatt Regency Lake Washington
at Seattle's Southport
Renton, Washington**

Life is Better at the Lake: Weekend Lakeside Retreat



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Soroptimist International of the Americas, Inc.®
Northwestern Region

Official Call to the 105th Conference

2022-2024 Northwestern Region Board of Directors

Karen Marshall	Governor
Wendy Falkenstein	Governor-Elect
Chris Christensen	Secretary
Becky McGinty	Treasurer
Becky Taft	District 1 Director
Catherine Dorn	District 2 Director
Angie Comstock	District 3 Director
Heidi Gordon	District 4 Director

2022-2024 Northwestern Region District Secretaries

D1 Debbie Austin	D3 Laurie Rivera
D2 Jacilyn Margeson	D4 Terri Kunz

2022-2024 Northwestern Region Conference Team

Carolynn Kaetterhenry	Conference Chair
Wanda Costi	Site Coordinator
Cindy Parker	Registration Chair
Carol Wheeler	Parliamentarian

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Welcome from Governor Karen

25 February 2024

Greetings Northwestern Region Soroptimists and Guests,

Life IS Better at the Lake!

Are you ready for a road trip adventure to Explore New Possibilities? Are you in need of a lakeside retreat to rejuvenate your Soroptimist spirit?

Gather your club members, plan your road trip, or book your flights to our getaway on the shores of Lake Washington. We want to see you in Renton, Washington, from Thursday, April 25, to Sunday, April 28.

Our honored guests are Vivian Walczesky, SIA Board Member, and Iesha Brown, SIA Chief Impact and Engagement Officer; Dr. Julie Pham, Founder and CEO of CuriosityBased; Wendy Norman, Founder and CEO of Worry-Free Wednesdays, and Jennifer Bright and Alyssa Knight, Co-Executive Directors of the Freedom Education Project Puget Sound.

Why should you attend?

1. Ignite your Soroptimist Why
2. Build your own retreat
3. Vote for your leadership team for the next biennium
4. Celebrate our region Live Your Dream Award® recipients
5. Learn from Soroptimist leaders and special guests
6. Share your ideas and experiences
7. Spa time
8. Sing to soothe the soul
9. Shop at our Soroptimist Marketplace
10. Eat smores and watch the sunset
11. Exercise with the best views
12. Be inspired by our sessions, meetups, and forums
13. Support our Northwestern Region Big Goal Accelerator Project
14. Reconnect with friends and make new ones
15. Discover new possibilities to enrich your personal, professional, and Soroptimist life

Read through your invitation to gather all of the details and register today!

On behalf of the Northwestern Region Board and Conference Planning Team, we hope to see you at the Hyatt Regency Lake Washington at Seattle's Southport. You will make our 105th Northwestern Region Conference the best yet.

I'll meet you at the dock, I've saved you a seat!

Karen Marshall
Northwestern Region Governor



Official Soroptimist Guests



Vivian Walczesky, SIA Board of Directors

Vivian Walczesky is a member of SI Monroe County, Michigan, in the Midwestern Region. She serves as the Laws and Resolutions Chair on the Board of Directors of Soroptimist International of the Americas. Her previous Soroptimist experience includes serving as the Midwestern Region Governor from 2016-2018, and several terms as a district director, district secretary, and president of her club.

Vivian is a court-appointed special advocate and has extensive training in mediation. She has her ABA Approved Paralegal Certification, and worked in law offices from 1967 to 2000. Her Bachelor of Arts Degree from the University of Michigan is in

Middle Eastern and North African Studies.

She is very community-oriented, and in addition to her Soroptimist activities, she is a member of the American Association of University Women, GROW (Giving Represents our Women) in Monroe, and was the first graduating member of the Domestic Violence Emergency Response Team in the city of Monroe.



Iesha Brown, Chief Impact and Engagement Officer Soroptimist International of the Americas, Inc.®

Iesha is SIA's Chief Impact and Engagement Officer, and in her role, she works on SIA's programs, membership recruitment/retention/engagement strategies, and leadership development strategies.

She attended Pace University for her undergraduate studies, Wilmington University for her graduate studies, and has done post-graduate studies at Pace, the University of Delaware and Harvard. Iesha began her career in television, where she worked for Westinghouse Broadcasting on programming for A&E, Discovery, and the Disney channels.

Iesha eventually transitioned to the association management industry. She later accepted a role with the Project Management Institute (PMI) in Newtown Square, Pennsylvania. At PMI, Iesha began in operations setting up global operations for PMI's project management certifications. She was promoted to lead teams in the United States, Dubai, Singapore, and Belgium, who were responsible for managing the relationship with PMI's chapters and delivering value to 300,000+ members.

Iesha has a career that spans over 25 years and has worked with several associations. Before joining SIA in 2017, Iesha owned a consulting firm where she worked with clients such as the American Psychological Association, the Risk Insurance Management Association, the National Association of Realtors, and many others. Iesha's passion is driving organizations' missions forward and developing their volunteers to do the same.

Special Guests



Dr. Julie Pham

Julie Pham, Ph.D. is the Founder of the [7 Forms of Respect®](#) and CEO of [CuriosityBased](#), which fosters curiosity in the world, starting in the workplace. She is an award-winning leader who applies her community-building experience to strengthening teams. Dr. Pham has worked as a journalist, a historian, a marketer, and a nonprofit executive. Dr. Pham got her “real-life MBA” by running her family’s Vietnamese-language

newspaper, *Người Việt Tây Bắc*. She earned her Ph.D. in history at Cambridge University as a Gates Cambridge Scholar and graduated magna cum laude from UC Berkeley, where she studied history.

The 7 Forms of Respect®

What is the difference between “disrespect” vs. “lack of respect”? What happens when people define “respect” differently? What are examples of respect and disrespect in your life, in Soroptimist, and at work? Julie Pham, PhD, the CEO of CuriosityBased, will introduce participants to the *7 Forms of Respect®*, a communication framework.

***7 Forms of Respect®* Book Available After Keynote \$15.99**

We grew up thinking you should treat others how you’d want to be treated. But what if the Golden Rule isn’t always right? In this practical guide for any team leader and team player in the American workplace, Dr. Julie Pham helps you navigate the ambiguity of what it means to respect others. She offers thought-provoking questions and exercises that will transform your communication and relationships with the people you work with in lasting and surprising ways.





Wendy Norman

Enriching Our Quality of Life by Talking About End of Life

Wendy Norman, Founder, Worry-Free Wednesdays. Facing the fear, grief, and reality of dying can be overwhelming. It's not easy to confront life's end at any age. What can make it easier is to talk about those feelings and plan ahead. Caregivers and spiritual leaders have found that those who talk about dying and prepare for the outcomes they want have a better quality of life in their final days. During this session, the team from [Worry-Free Wednesdays](#) will introduce concepts to approach end-of-life planning that can provide relief by understanding what to expect, what choices you have, and how to maintain control of your health and wellness.



Alyssa Knight

Alyssa Knight is a co-founder and current co-director of Freedom Education Project Puget Sound. She has been a part of the program's concept and implementation since its inception and continues to shape and support the program today. After graduating with the first class of students in 2016, she went on to build a gender education program and to contribute to major policy changes that continue to support and protect gender nonconforming incarcerated individuals in Washington state. Alyssa is an alum of the University of Washington with a degree in gender, women, and sexuality studies. She is also a certified trauma informed yoga instructor, teaching classes for incarcerated youth and people in work release.





Dina Blade

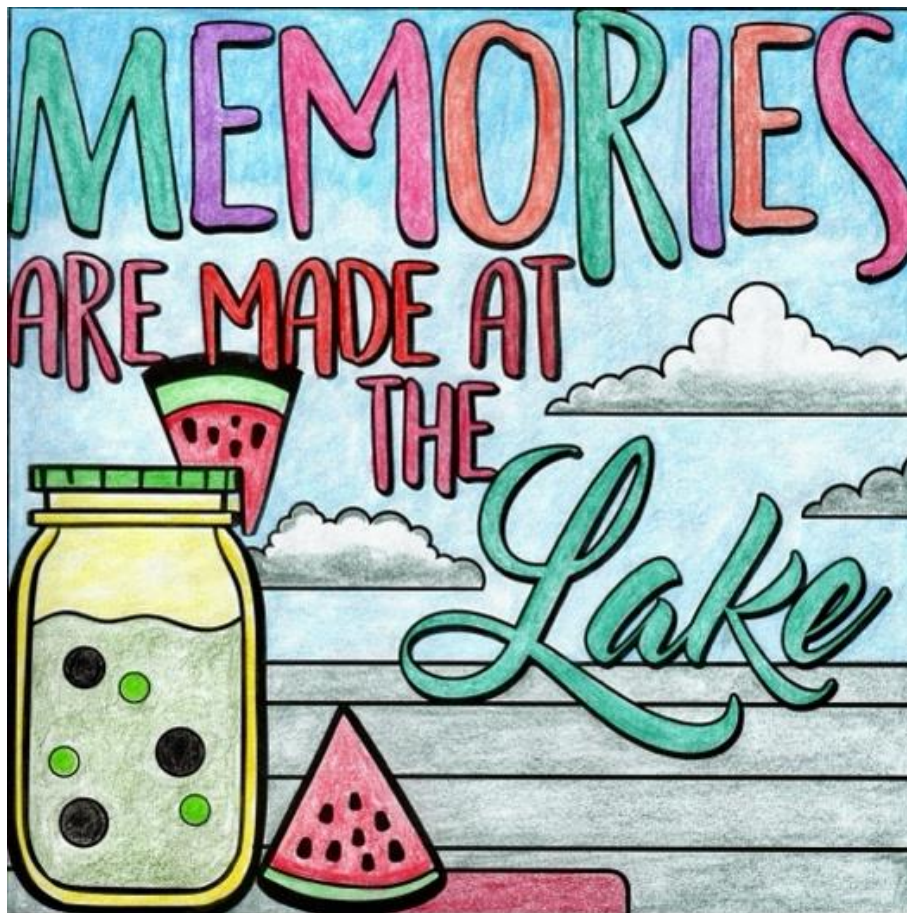
A Friday Evening Sing-along with Dina Blade

Gather 'round our "lakeside campfire" for joyful singing, regardless of your skill level. The evening will guarantee to relieve any stress or tension. We'll provide the lyrics for songs you probably already know.

Vocalist Dina Blade has performed with big bands and orchestras in jazz clubs and at festivals throughout the US, Canada, Europe, Cuba, and Brazil.

Dina greatly enjoys sharing the diverse musical repertoire she has collected

throughout her lifetime, which includes the gamut from old-time sing-alongs to pop tunes, jazz standards, and bossa nova classics. She is an accomplished guitarist and also plays the spoons and washboard.





At a Glance

105th Region Conference

Information

April 25-28, 2024

Location: Hyatt Regency Lake Washington at Seattle's Southport
1053 Lake Washington Blvd N, Renton, WA, 98056

Date: April 25-28, 2024, Thursday – Sunday.
April 25: Lake Washington Cruise 4:30 – 6:00 pm. Registration & Credentials 6:30 – 8:00 pm.
Delegates Briefing 7:30 pm, Meet & Greet 8:00 – 9:00 pm
April 26-28, Business Sessions, General Sessions, Keynote Speakers, Activities, Exploration Sessions, Fun.

Registration:

- **Early Bird Registration Fee is \$50 per person by March 27.**
- Regular Registration \$60 per person **March 28 - April 11.**
- Late Registration Fee \$100 per person **April 12 – April 26.**
- All clubs are **required** to pay two mandatory registration fees.
- **ALL registration and payments will be done via Zeffy, our online registration portal. [REGISTER HERE.](#)**
- Questions regarding registration can be directed to Cindy Parker by email at RegChair@soroptimistnwr.org.

Delegates: To be eligible to vote clubs must be in good standing with all financial obligations paid. Delegates **MUST be credentialed prior to the start of the business session** in which voting will occur. Bring the credentials form in this document with you and be sure the president has signed it.

Meals: The price of the six-meal package is \$350. Individual meals may be purchased. Prices are listed in the Call and on our online registration.

Lodging: Hyatt Regency Lake Washington room reservations must be made [online](#) by March 25. See rates on page 10.

Valet Parking \$45 per day. Self-parking \$16 per day.

Dress: Conference attire is business casual except:
Friday evening, Lakeside Casual
Saturday evening, Cocktail, Shades of Pink!
Sunday, Soroptimist-Branded Attire



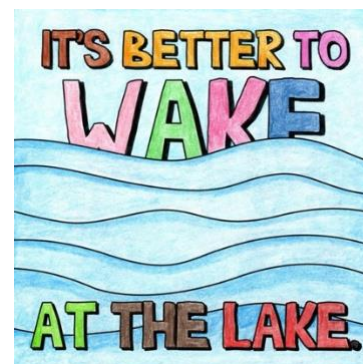
Support Our Conference:

Looking for ways to support our region conference? We have three different options.

- Kudos statements in our programs
- Advertising space in our programs
- Sponsorships on four different levels

See pages [31](#) & [32](#) for information.

Any support is needed and greatly appreciated.





The Hyatt Regency Lake Washington

Come enjoy the beauty of Lake Washington and the many places to see in Renton and Seattle.

1053 Lake Washington Blvd N
Renton, WA 98056

For Hotel Reservations click [here](#).

Reservations need to be made by **March 25. This hotel is a cashless hotel and only accepts credit and debit cards.**

If you need an ADA room or a walk-in shower, reserve a room online and then contact Wanda Costi, Site Coordinator, about securing the ADA room with the confirmation and your special request. DO NOT check the box for an accessible room. Wanda can be reached at RegionSiteCoordinator@soroptimistnwr.org. She will reach out to the Hyatt and will confirm back to you when the request has been confirmed.

If you wish to travel early or stay late rooms are available at the conference rate from Friday, April 19, 2024 to Monday, April 29, 2024. Credit card required to guarantee reservation. Check in at 4:00 pm, check out at 11:00 am.

Room rate for King, Double Queen: \$199 plus \$24.88 room tax, Total \$223.88. Rate for 3 occupants: \$224 plus \$28 room tax = \$252. Rate for 4 occupants: \$249 plus \$31.13 room tax = \$280.13.

Do not book multiple rooms under one name. Please list room occupants when making your reservation.

Parking: Self \$16/night,
Valet \$45/night.

Come early and enjoy the spa, the pool, the City of Renton, and the pre-conference cruise.



TRAVEL TO REGION CONFERENCE IN RENTON, WA

VIA ALASKA AIRLINES / HORIZON AIR
WITH OUR SPECIAL
**MEETING FARE DISCOUNT
CODE NWR2024**



COME EARLY, STAY LATE!

Alaska Airlines and Horizon Air have offered us a discount on flights for all Soroptimist members, other meeting participants, and accompanying family members or friends traveling to Seattle-Tacoma Airport via Alaska / Horizon.

Beginning Travel Date: April 16, 2024

Last Travel Date: April 30, 2024

Blackout Dates: None

How to use the Discount Code for travel to Seattle-Tacoma Airport:

1. Select "reservations" and then "flights" if the flight selection box does not appear right away.
2. Select Round Trip or One-Way travel.
3. Enter "From" and "To" airports, dates of travel, and preferred time of day.
4. Enter the number of adult and child travelers, up to six total people per booking.
5. Enter our meeting code **NWR2024** in the Discount Code box.
6. Click on the Go icon.

Please purchase your tickets early for the lowest fares and preferred flight selection and be aware of restrictions for the fare you are considering before you complete your purchase. Verify all current baggage allowances and fees as well as travel policies on [Baggage policies](#) | [Alaska Airlines](#).

Meeting Fare Rules:

- Your group is entitled to a **7% discount** off Alaska Airlines published fares (except companion and other promotional fares).
- You may book and ticket on the blackout dates but no discount will apply.
- Any change or cancellation after ticketing is subject to a service charge. All fare rules and additional blackout dates of the fare apply.
- All tickets must be issued online or by the Alaska Airlines Group desk.
- A \$15.00 service fee will apply to any tickets issued by the Group Desk.

Any Questions? Please contact Wanda Costi

Email:

RegionSiteCoordinator@soroptimistnwr.org

Region Conference Checklist For Online Registration on Zeffy

You can register as an individual or all club attendees can register all at once. If you are registering more than one person you will need to collect all information ahead of time.

Individual Registration:

- ☐ Name and e-mail address for each attendee
- ☐ District and Club
- ☐ Years of membership
- ☐ Special designators (Mandatory registration, Delegate, Club President, First Timer, etc.)
- ☐ Meal selections (including protein choice for Saturday dinner)
 - Dietary Restrictions (must be included in registration to be honored)
- ☐ Lake Washington Cruise selection
- ☐ Sponsorships (Level of sponsor)
- ☐ Kudos (including complete 150 character message and choice of program)
- ☐ Advertising (ad size) (submit to secretary@soroptimistnwr.org after purchasing)
- ☐ Marketplace choices (who is purchasing the table and items for sale)
- ☐ Whether you want to volunteer to help with the conference

Club Registration:

- ☐ All of the above information for each person you are registering, plus
- ☐ Sponsorships (Level of sponsor)
- ☐ Kudos (including complete 150 character message and choice of program)
- ☐ Advertising (ad size) (submit to secretary@soroptimistnwr.org after purchasing)
- ☐ Marketplace choices (who is purchasing the table and items for sale)





Region Conference Meals

With the rising cost of food and staffing in the greater Seattle area, our Planning Team worked with the Banquet Chef to select menu items that would enable us to keep our cost for the meal package the same as last year at \$350.

A Chef's Choice for Gluten Free, Vegetarian and Vegan options will be available, if noted in online registration.

Royal Cup Regular & Decaffeinated Coffee and Teavana served at each meal.

Friday Lunch

Gem Lettuce, Parmesan, Croutons, Tomatoes, Creamy Garlic Dressing (NF, V)
Seared Salmon, Whipped Garlic, and Gouda Mashed Potatoes,
Roasted Carrots, Roasted Tomato – Basil Compound Butter (GF, NF)

Friday Dinner

Herb Crusted Chicken, Dijon Cream Sauce, Whipped Sweet Potatoes,
Garlic Roasted Haricots Verts (GF, NF)
Dessert – Green Apple Mousse, Apple Compote, GF Cinnamon Crumble (GF, NF, V)

Saturday Breakfast Buffet

Sliced Seasonal Fruit: Honeydew and Cantaloupe
Mini Croissants and Mini Orange Cranberry Scones (NF, V)

Saturday Lunch

Chef's Choice of Seasonal Chicken Salad (GF, DF)
Rolls & Butter

Saturday Dinner

Seared Salmon, Tomato-Fennel Beurre Blanc, Whipped Potatoes, Roasted Broccolini (GF, NF)
Or
Roasted Chicken, Whipped Potatoes, Roasted Broccolini, Bourbon Jus (GF, NF)
Dessert – Strawberry and Raspberry Mousse

Sunday Breakfast Buffet

Seasonal Northwest Sliced Fruit Display
Chef Amy's Selection of Breakfast Pastries (V)
Assorted Yogurt Cups

Individual Meals

Friday lunch	\$57.00	Saturday lunch	\$57.00
Friday dinner	\$85.00	Saturday dinner	\$98.00
Saturday breakfast buffet	\$30.00	Sunday breakfast buffet	\$35.00

DF – Dairy Free

GF – Gluten Free

NF – Nut Free

V – Vegetarian

Pre-Conference Checklist Important Deadlines

	Share the 2024 Official Invitation with all club members and encourage them to attend.
	Share the various deadlines for registration fees and meal packages. See Call documents, and important deadlines for details.
	Review the request for Conference Sponsorships, Program Advertising and Program Kudos .
	Share with members that Marketplace is also available to member-owned businesses.
	Submit the Celebration of Life form , with pictures, if you have a member who passed away since April 2023.
	Discuss the 2024-2026 Northwestern Region Budget in your club meeting.
	Discuss with your club the Slate of Candidates for the Region and District Officers .
	Complete the Credentials Form (page 27) with proper signatures. Bring to conference and turn in at time of registration. Note the times when the Registration/Credential desks are open. Delegates must be credentialed to vote .
	Ensure all SIA/NWR financial obligations are paid – so delegates can vote.

Important Deadlines

March 25	Hotel Reservation deadline at negotiated rate.
March 25	Sponsorships, Advertising and Kudos deadline
March 25	Marketplace Registration deadline – space is limited.
March 25	Celebration of Life forms due to Helene Jensen
March 25	Pre-conference Lake Washington Cruise Deadline
March 27	Early Bird Registration deadline (\$50)
April 11	Regular Registration deadline (\$60)
April 26	Late Registration Fee applicable \$100 (\$40 late fee and \$60 registration). Meals are not guaranteed.

Packing List

- Completed Credentials Form
- Supplies for the Region Big Goal Accelerator Project
- Cash and credit cards for donation and purchase opportunities
- An openness to meet new people and learn new things
- Your Soroptimist pins
- Your NWR Passport for stamping and note taking
- Outdoor blanket for lakeside relaxation
- Your fun and enthusiasm

Club Delegate Responsibilities

Your club delegates should have a working knowledge of Soroptimist laws, region bylaws, the objectives and ideals of the organization, and experience as a member of club committees or of the board. An understanding of parliamentary procedure, the ability to work with others, and a spirit of goodwill and understanding will help the delegate, the club, and the conference body.

The Club President, who is a delegate and who serves as the leader of the club delegation, should:

1. Allocate time at a business meeting to discuss topics in the agenda so that a majority opinion expressed by the club will serve as a guide to delegates.
2. Arrange with the other delegate to assign sections of the report on conference to be given to the club.
3. Schedule time during your first meeting after the conference, for delegates to present their reports.

Responsibilities of Club Delegates:

1. Study the Conference Call, which includes the tentative agenda listing business to be transacted, forms, sessions, and the social events.
2. Verify with your club president and secretary that the Credentials form has been completed to be turned into the Credentials Coordinator in accordance with region requirements. You will receive the Credentials/Voting Card upon completion of registration and credentialing at conference.
3. Clarify the financial responsibilities. (Some clubs have a specific delegate fund divided among delegates, some pay all expenses, and some pay allowances to each delegate.)
4. Take to conference: Region Bylaws, completed Credentials form and your Soroptimist pin.

During Conference, Each Delegate Should:

1. Register and credential promptly. Wear your name badge so others may get to know you and the club you represent.
2. Be on time. Time schedules for conference are most important. Guests invited to address the conference deserve consideration for operating on time. Attend all sessions: Personal business should be attended to before or after sessions or during a recess.
3. Be prepared to jot down important business proceedings and background information to report to the club.

4. Participate in discussion and debate: Remember that you are the liaison between the region conference and the club, so participate with friendliness, moderation, dignity, and an open mind.
5. Vote with the club viewpoint in mind. The delegates should then be instructed to use their best judgment in accordance with conference discussion, taking into consideration the welfare of all the clubs in the region.
6. Volunteer or be willing to accept a specific assignment from the Governor during the conference period. Involvement promotes fellowship and enhances enthusiasm, which you can share with your club members.

After Conference, Each Delegate Should:

Prepare a Report as instructed by the club President. The following outline for reporting may be helpful.

1. Share action taken by conference body on proposed changes in bylaws, the budget, and other matters presented to the voting body, and the reason for each action.
2. Ideas for increasing club interest and support in attaining Soroptimist goals.
3. Suggestions for improving club administration.
4. Summary of the workshops and committee presentations.
5. Summaries of addresses and speeches.
6. Your personal evaluation of the conference.





2024 Northwestern Region Conference Agenda

105th Northwestern Region Conference
Soroptimist International of the Americas, Inc.®
April 25 - 28, 2024
The Hyatt Regency Lake Washington, Renton,
Washington

Wednesday, April 24 **Northwestern Region Board Meeting** **All Day**

Thursday, April 25

4:30 – 6:00 pm **Lake Washington Cruise** **Hyatt Dock**
Advanced Reservations Required

6:30 – 8:00 pm **REGISTRATION & CREDENTIALS DESKS OPEN** **Conference Lobby**

7:30 pm **Delegates Briefing & Conference Q&A** **Grand 1**

8:00 – 9:00 pm **Lakeside Meet and Greet, No-Host Bar**
Casual Networking & Conversation **Dockside Bar**

Friday, April 26

6:30 am **Early Bird Fitness Walk in Gene Coulon Park** **Marti Crook**

7:30 am **First Time Adventurer Orientation** **Grand 1**

7:30 – 8:15 am **REGISTRATION & CREDENTIALS DESKS OPEN** **Conference Lobby**

8:30 am **OPENING CEREMONIES** **Grand Ballroom**
Region Leadership Introductions
Call to Order
Pledge of Allegiance
Introduction of Official Visitors, Special Guests
& Soroptimist Recognition
Welcome Messages

Agenda Continued

9:00 am	BUSINESS SESSION Introductions Credentials Report Conference Rules Adoption of the Official Agenda Minutes of the 104 th Region Conference Conference Committee Appointments Correspondence Nominating Committee Report Nominations from the Floor Candidates' Presentations Laurel Society Fundraising Announcements	Grand Ballroom
10:00 am	BREAK	
10:15 am	GENERAL SESSION Keynote & Activity: 7 Forms of Respect® Announcements	Grand Ballroom
11:30 – Noon	REGISTRATION/CREDENTIALS DESK OPEN 7 Forms of Respect® book purchase and signing	Conference Lobby
Noon	GENERAL SESSION I Introductions First Time Adventurers' Recognition Inspiration Lunch Keynote: <i>Reaching Higher Together</i> Announcements	Grand Ballroom
1:00 pm	BREAK	
1:15 pm	CONCURRENT EXPLORATIONS: SESSION 1	
	NWR Teams: Exploring our Chat & Website	Grand 1
	Global Connections: Soroptimist at the 2024 CSW	Grand 7
	Taking Action with The 7 Forms of Respect®	Bellevue 1

Agenda Continued

2:15 pm	BREAK	
2:30 pm	GENERAL SESSION Decoding Decision-Making: Insights into SIA's Organizational Dynamics and Stakeholder Engagement Strategies with Vivian Walczesky, SIA Board Member	Grand Ballroom
3:00 pm	Break	
3:15 pm	Candidate Forum Q&A	Grand 1
4:30 pm	Meetups/Networking and Free Time Informal opportunities to connect with other members Pick a topic to join or create one of your own Brisk Walk in Gene Coulon Park (2.2 miles RT) Club Treasurer Q&A I Need Wine Interpretive Stroll in Gene Coulon Park Recap of the Soroptimist Study Tour to the <i>Road to Equality</i> Lugari Youth Training Program in Kenya	Conference Lobby Grand 7 Dockside Bar Conference Lobby Grand 1
5:00 – 6:15 pm	REGISTRATION/CREDENTIALS DESK OPEN Last opportunity to be credentialed before Saturday's ballot voting.	Conference Lobby
5:30 pm	Marketplace Set Up	Conference Lobby
6:00 – 7:00 pm	MARKETPLACE & Happy Hour	Conference Lobby
7:15 pm	SOROPTIMIST DINNER Welcome Marketplace Drawings Inspiration Dinner Recognition of Region Volunteers Gather 'Round Sing-along Announcements	Grand Ballroom
9:00 pm	Lakeside Casual Conversations & Networking	Water Table's Bar

Saturday, April 27

DREAM DAY

7:00 – 8:00 am	POLLS OPEN FOR VOTING	Bellevue 1
7:00 – 8:00 am	REGISTRATION DESK OPEN	First Floor

Agenda Continued

7:30 – 8:30 am	BREAKFAST BUFFET	Grand Ballroom
8:30 am	GENERAL SESSION The SIA Strategic Plan & our Roadmaps with Iesha Brown, SIA Chief Engagement Impact Officer Tips for Smooth Travel with the Club Roadmap Big Goal Accelerator Projects Deep Dive Marketing Tips to Elevate Your Club to New Heights Tools and Tech for Fundraising in Your Community Transitioning from a Transactional to Engaging Membership Model Announcements	Grand Ballroom
10:15 am	BREAK	
10:30 am	BUSINESS SESSION Welcome/Introductions Credentials Report Region Treasurer Report Finance Committee Report Presentation/Voting 2024-2026 Budget Elections Teller Report Announcements	
11:00 am	CONCURRENT EXPLORATION SESSIONS	
	Developing Long Term Sponsor Relationships	Grand 1
	Exploring How to Stay Safe Online	Grand 7
	Soroptimist Celebration of the Membership Sea	Bellevue 1
Noon	BREAK Polls Open for Runoff Voting	
12:30 pm	LIVE YOUR DREAM AWARD® LUNCHEON Welcome & Introductions Inspiration Lunch <i>Live Your Dream Award®</i> Presentation Elections Teller Report Announcements	Grand Ballroom
1:45 pm	BREAK	

Agenda Continued

2:00 pm

CONCURRENT EXPLORATIONS SESSION

**Enriching Our Quality of Life
by Talking about End of Life**

Grand 1

Forum: Ignite Your Soroptimist Savvy

Bellevue 1

3:15 pm

BREAK

3:30 pm

Forums: Sharing Ideas for our Programs of Impact

Live Your Dream: Education & Training Awards for Women®

Grand 1

Dream It, Be It: Career Support for Girls®

Grand 7

NWR Imagine Life Without Violence Projects

Bellevue 1

4:30 pm

30 Minute or Less Meetups

Informal opportunities to connect with other members

Big Goal Accelerator Project Application Mentoring

Brisk Lake Washington Waterfront Walk

Instagram: Tips & Tricks

SIA Convention Q&A

Stroll to Bird Island

What's New with Soroptimist International

Bellevue 1

Conference Lobby

Grand 1

Grand 7

Conference Lobby

Conference Lobby

6:00 pm

INSTALLATION RECEPTION

Conference Lobby

6:30 – 9:00 pm

INSTALLATION DINNER

Grand Ballroom

Welcome

Inspiration

Dinner

Recognition of 2022-24 Leadership Team

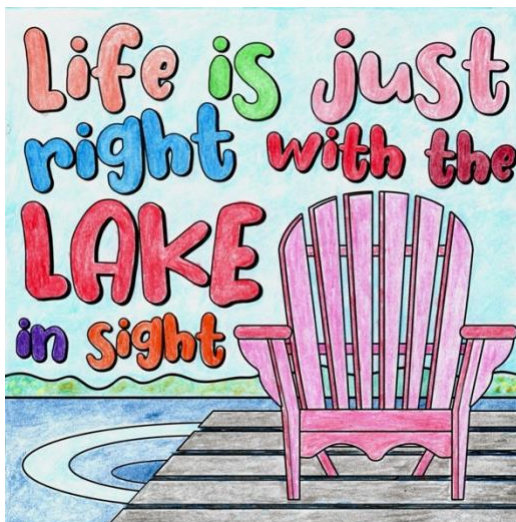
Installation of 2024-26 Leadership Team

Announcements

8:30 pm

Installation Party

Bellevue 2



Agenda Continued

Sunday, April 28

NEW POSSIBILITIES DAY

8:15 am

BREAKFAST BUFFET

Grand Ballroom

9:00 am

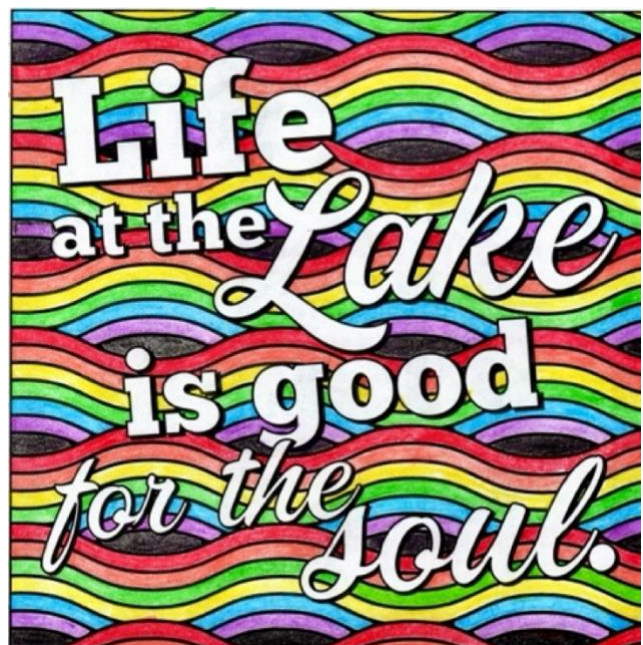
LEGACY OF LOVE

Welcome
Rose Ceremony
Celebration of Life

9:30 am

GENERAL SESSION

Welcome/Introductions
Hotel Staff Recognition
Inspiration
Final Credentials Report
Laurel Society Boards Wrap-Up
Big Goal Accelerator Project: *Freedom Education Project Puget Sound*
FEPPS in Action
Area Meetings Recap: *New Club Chartering*
Governor's Message
Invitations:
 SIA 48th Biennial Convention, Bellevue, WA
 2024 District Meetings
 2025 Region Conference, Eugene, OR
Region Committee Presentations
 Imagine Life Without Violence
 Bylaws & Procedures
District Director Flash Talks
Announcements
Closing
Adjourn



PRE-CONFERENCE LAKE WASHINGTON CRUISE

THURSDAY, APRIL 25 4:30 PM – 6:00 PM

ABOARD THE MV FREMONT AVENUE



\$45.00 PER PERSON

INCLUDES LIGHT REFRESHMENTS

RESERVE EARLY!

SPACE IS LIMITED TO THE FIRST 40 PASSENGERS
TO SIGN UP THROUGH OUR ONLINE REGISTRATION.

WE WILL CRUISE RAIN OR SHINE. DRESS ACCORDINGLY.
PASSENGERS WILL BE SENT BOARDING INSTRUCTIONS PRIOR TO APRIL 20.

Session Descriptions

Taking Action with The 7 Forms of Respect®

Stephanie Smith, Facilitator



Now that we have explored The 7 Forms of Respect®, let's put into action what we learned from Dr. Julie Pham.

Understanding how "procedure, punctuality, information, candor, consideration, acknowledgment, and attention" are forms of respect and that we may feel differently about each one is the place to start. Let's have a conversation about how you can apply this to your home life, work life and Soroptimist life. At the end of the day we all want to be treated with respect so let's make sure we have the tools to make that happen!

Exploring How to Stay Safe Online

Sarah Miller, Northwestern Region Systems Administrator

With the advent of "big data" and social media, it's hard to know how to keep yourself and your loved ones safe online. Join this session to learn about measures you can take everywhere online that can limit scammers ability to reach you, enhance your own privacy, and keep you safe!

Soroptimist Celebration of the Membership Sea

Northwestern Region Membership Committee Sandy Jennings, Chair; Donna Ronca, District 1 Representative; Martha Falkenstein, District 2 Representative; Carol Hansen, District 3 Representative; Chris Kelly, District 4 Representative

Join us for the final "Member-SHIP" workshop of the biennium. You will be treated to a Celebration of the Sea Buffet as we enjoy table talk about "onboarding" membership ideas and how to keep members engaged, discuss what worked well or not, and get re-energized for our next membership adventure. Before going ashore, we'll "pop the cork" to celebrate two years of membership growth. Come dine with us!

Session Descriptions Continued

Exploring Northwestern Region Teams

Sarah Miller, Northwestern Region Systems Administrator

Join this interactive session to learn how to access and use the NWR Teams site. Bring a laptop or smart device for the best experience. We'll even cover how you can setup a site for your own club for free!

Global Connections: Soroptimist at the 2024 CSW

Janet Hall Schempf

You've noticed the buzz about the [Commission on the Status of Women](#) in New York City, but what is "CSW" and why do so many Soroptimists value their participation? CWS veteran Janet Hall Schempf will introduce region conference attendees to CSW and its work, explain how CSW fits into the mission and function of the United Nations, and highlight how Soroptimist projects benefit the work of the CSW. In addition, Janet will introduce the NGO CSW Forum, which provides additional opportunities to civil society (including Soroptimist organizations and members) to engage in the CSW process and sessions.

Developing Long-Term Sponsor Relationships

Helene Schwartz, SI Pasco-Kennewick

Does your club desire a reliable source of annual income? Explore the steps to build strong financial relationships with corporate donors in your community. Helene will share how her club has built successful corporate sponsorships beyond one-time event donors, and she will lead you through a brainstorming exercise on relationship building that can lead to more sustainable funding.



The Northwestern Region Big Goal Accelerator Project Collecting Educational Supplies for the Freedom Education Project Puget Sound (FEPPS)

Please consider supporting our region's first BGA Project

FEPPS provides a rigorous accredited college program for people at the Washington Corrections Center for Women and creates pathways to higher education after students are released from prison. Our goals are to increase FEPPS students' economic and personal empowerment, contribute to family stability and reduce recidivism through college education.

SUPPLY LIST & MUSTS

All items **MUST NOT** have **ANY** metal parts. Please stick to the specifics on the list and leave items packaged as purchased. How much should we bring? One item per member in attendance is encouraged. The images below are examples of items.

1. Five Star Brand Flex Hybrid Note Binder, 1 Inch Binder with Tabs, Customizable Cover, Notebook and 3-Ring Binder All-in-One



2. Composition Books College Rule, Any Color



3. Post-it® Notes: 3x3 Square Size, Any Color



4. Loose Leaf College Rule Paper



5. 8.5 x 11 Printer Paper



6. Plastic Folders: Orange, Black or Purple Color Only



7. All-Plastic Mechanical Pencils: 0.7 mm



8. Lead for Plastic Mechanical Pencils: 0.7 mm



9. Bic Round Stic® Pens: Blue or Black Ink



Drop off supplies near registration and credentials. Look for the marked boxes. Items must be delivered by the close of registration on Saturday at 8:00 am.

If you wish to make a financial donation to FEPPS, it will not be counted toward our Big Goal Accelerator Project because it is a financial donation to another nonprofit organization.

2024 Northwestern Region Conference

Credentials Form for Club Delegates

Present this at the Credentials Desk for accreditation upon arrival.

Delegates must be registered and credentialed by:

8:00 am Friday, April 26 to vote in the business session on Friday, April 26 OR

5:00 pm on Friday, April 26 to vote in elections on Saturday morning OR

8:00 am on Saturday, April 27 to vote in the Saturday business session and to vote in any runoff elections.

Soroptimist International of _____

District (please circle) 1 2 3 4

This is to certify that our two duly elected delegates and/or alternates are regular members in good standing as listed below.

_____ President

_____ Delegate

or

_____ President Alternate

_____ Delegate Alternate

Signed: _____ Date: _____

President

Signed: _____ Date: _____

Secretary

Approved by Credentials: _____

For Office Use Only:

Reviewed by Registration _____

Marketplace Information

The Marketplace (formerly Tell & Sell) is a one-hour shopping spree. A wonderful opportunity for a club fundraiser or for a member-owned business. Reserve your table today via Zeffy.

WHEN:	Friday evening
WHERE:	Grand Ballroom Lobby
SET-UP:	5:30 pm
TIME:	6:00 – 7:00 pm
COST:	\$50 for Clubs; \$100 Member Business
RESERVATION DEADLINE:	March 25

No non-commercially packaged food items may be sold. Items using the Soroptimist logo must be properly licensed and the Region assumes that clubs have gained appropriate licenses for raffles etc. (See SIA licensing policies and application @ www.soroptimist.org and additional info below*)

Please note there will be no electrical outlets available in the Marketplace area.

Guidelines:

1. No non-commercially packaged food products, nutritional supplements, cosmetic or skin items may be sold. All items must be properly sealed and labeled by the manufacturer and include the manufacturer's name and business location.
2. Open food or beverage items not supplied and/or prepared by the hotel are not allowed.
3. All Soroptimist items for sale bearing the Soroptimist name or logo must have completed the proper SIA licensing approval process prior to region conference. See [branding](#) for additional information.
4. Raffles: Ensure your club is following Washington State Gambling Commission [rules](#).
5. Raffle Tickets & Licensing: To conduct a raffle without a license, you must sell each ticket for the same set amount. If you see discounted tickets, you must have a raffle license. What are discounted tickets? If you sell tickets \$1 each or 10 for \$5 – that is a discounted ticket. If you do a random arm's length for a sale, that is a discounted ticket.
6. If you have a permit from the Washington State Liquor & Cannabis Board, you may have liquor as a raffle item. Use this link to obtain a raffle [license](#).



Join our Region Conference Volunteer Team!

We are seeking volunteers to help our Region Conference run smoothly.

Opportunities include session hosts, buffet line monitors, activity assistants, and more. A variety of skills and time commitments are needed throughout the conference.

Contact Conference Chair Carolyn Kaetterhenry at 360.320.1663 or conferencechair@soroptimistnwr.org with your name and contact information if you would like to join our team.

We will be in contact with more details closer to our meeting date.



Celebration of Life Form

Form and Photos Due by March 25

If any of your current or former Soroptimist members passed away since April 1, 2023, and were not included in last year's program, please send the following information to be included in our **Celebration of Life** on Sunday morning, April 28.

- ❖ Select two photos of each deceased member.
 - #1 depicts their legacy of service to the club. Perhaps a favorite project or social event.
 - #2 should be an individual picture of the deceased member.
- ❖ Scan your photo into a digital JPG format of at least 300 dpi or higher.
- ❖ Please include text that clearly identifies the appropriate person. May be B&W or color.
- ❖ If photo is not available, the name of the member and the club will be included in the video.

By March 25 email this form with your digital photos to Helene Jensen at hejensen1962@gmail.com and include the words **Soroptimist Celebration of Life** in the subject line. Questions: call Helene Jensen at 360.340.5064 or email.

Please type or print the following information clearly.

Soroptimist International of _____

Contact Person: _____ Contact Phone: _____

Contact email: _____

Deceased Member's Name	# Years of Membership	Past President	Charter Member	Region Officer	Federation Officer	SI Officer

Explore “SPONSOR-BILITIES”

Travel in style through our Northwestern Region Conference

An opportunity to benefit your club and help us defray conference expenses. Check out your possibilities below. All contributors will be recognized in the conference program and during the conference. For questions about sponsorship contact Secretary Chris at secretary@soroptimistnwr.org.



Lifeguards – \$1,000 gift

Keep your eyes on the water with the lifeguards.

Your benefits include reserved seating for Friday night dinner, Saturday Live Your Dream Award lunch, and the Saturday night installation dinner. A 1/2-page ad in the conference program, recognition during the conference, a Marketplace table, and a firepit smores kit.



Water Skiers – \$500 gift

Jump on the fast track with the Water Skiers.

Your benefits include reserved seating for Friday night dinner and Saturday Live Your Dream Award lunch, a 1/2-page ad in the conference program, recognition during the conference, and a Marketplace table.



Sailors – \$250 gift

Help us chart our course.

Your benefits will include reserved seating for the Friday night dinner, recognition during the conference, and a business card size advertisement in the conference program.



Kayakers– \$150 gift

Propel us to success!

Your benefits include recognition during the conference, and a business card size

advertisement in the conference program.





S O R O P T I M I S T[®]
Investing in Dreams

Northwestern Region Conference 2024 Program Kudos Information

For the Region Conference Program and the Live Your Dream Awards Program - KUDOS! This is your opportunity to recognize your club members and events! Give a shout out to a member, supporter, or recipient.

KUDOS to Someone Special!

Size: 150 characters for \$10

Honor Someone Who Made a Difference
Thank Outgoing President
Congratulate Incoming President
Announce a Club Event
Recognize Live Your Dream Award Recipient
Highlight Member Who Achieved a Personal Goal
Welcome New Members

Example: Congratulations SI Soro Optimist Club Member Sally Soro Optimist for 50 years of service!

Questions concerning Kudos can be sent to secretary@sroptimistnwr.org no later than March 25.

All Kudos payments must be received no later than March 25.

You have the choice of putting your Kudo in either the **Conference Program** or the **Live Your Dream Awards Luncheon Program**

Program Advertisement Information

We invite you to ADVERTISE YOUR BUSINESS in the region conference program. Wonderful pricing! Don't miss your chance!

Advertise Your Business

Sizes:

Business Card - \$35

¼ Page - \$60

½ Page - \$75

Full page - \$150

Email your camera-ready artwork or questions about advertising to NWR Secretary Chris at secretary@sroptimistnwr.org. If you would like assistance in making your ad sparkle, just ask! Our



**Northwestern Region
Scarf \$60**

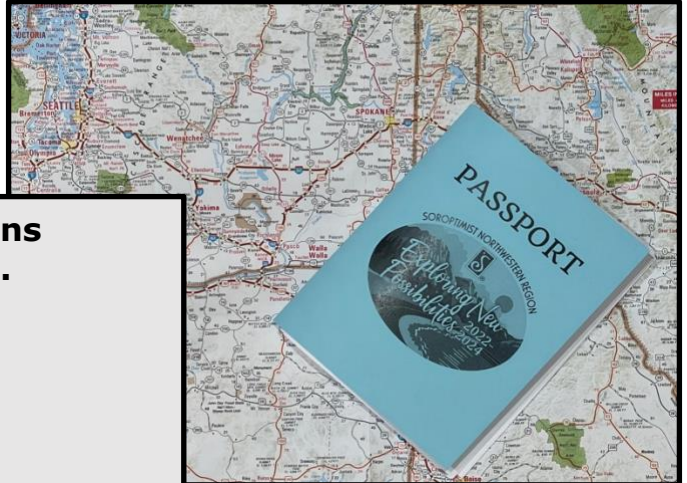
Northwestern Region has member resources to assist you!

Northwestern Region Fundraising

Are you attending the SIA Convention in Bellevue this summer? Show your Northwestern Region Spirit with this limited-edition scarf. 100% of the proceeds from the scarf sales benefit the Northwestern Region Live Your Dream Awards.

The Northwestern Region Fundraising Committee will also have Laurel Society Boards.

Northwestern Region Passport \$5



**Northwestern Region Pins
available for purchase.**



**Northwestern Region pin
individual price \$10**

The Northwestern Region Passport is the place to record your journey this biennium and get a stamp at each stop. Proceeds support the Northwestern Region Operating Fund.

The **Northwestern Pin** supports the NWR Operating Fund. We have a limited number of these available for bulk purchase of 25 or more at \$2 each.

Northwestern Region Fundraising

Let's Fill Our
Dream Jar
for Live Your Dream
Region Awards

Join the
Northwestern
Region Dream Team



Donation Levels

\$20 to \$99	Supporter	choice of 1 thank you gift
\$100 to \$199	Doer	choice of 2 thank you gifts
\$200+	Leader	choice of 3 thank you gifts

Choose Your Exclusive Gifts Mix-n-Match Any Combination

Dream Team Sleep Mask, Luggage Tag, Dream Heart Pin



live
YOUR
dream
education & training awards for women

Proposed Budget

Soroptimist International of the Americas - Northwestern Region Proposed Region Budget: 2024-2026, Program Fund

	Approved Budget 2022-2024	Actuals To Date 1/21/2024	Proposed 2024- 2026 Budget
Income			
Club Assessment - Awards	7,400.00	7,110.00	6,800.00
Interest	2,100.00	2,370.91	2,000.00
Region Fundraising	20,500.00	13,058.45	10,000.00
SIA LYDA Funding		17,000.00	28,000.00
LYDA Money Market Funds			5,000.00
Total Program Fund Income	30,000.00	39,539.36	51,800.00
Expenses			
Region Funded Live Your Dream Awards	30,000.00	15,000.00	30,000.00
SIA Funded Live Your Dream Awards		17,000.00	28,000.00
Award Winner Travel	1,000.00		1,000.00
Dream It Be It	1,000.00		1,000.00
Membership Retention/Charter	2,000.00	485.40	2,000.00
Square Charges	500.00		
Bank Fees	100.00	1,057.93	100.00
Token gifts for donations	1,500.00		
Fundraising Expenses			
Administration: Supplies, Misc.		131.39	
Total Program Fund Expenses	36,100.00	33,674.72	62,100.00
Net	(6,100.00)	5,864.64	(10,300.00)
<i>Number of SIA funded awards based on number of awards given by NWR clubs; more awards = more \$3,000 awards possible</i>			
Fund Balances as of 1/21/2024			
	Money Market	58,709.69	
	Edward Jones Investment	107,034.75	
	Grand Total	165,744.44	

Soroptimist International of the Americas - Northwestern Region Proposed Region Budget: 2024-2026, Imagine Life Without Violence

	Approved Budget 2022-2024	Actuals To Date 1/21/2024	Proposed 2024- 2026 Budget
Income			
Return of Grants Given			
Interest		282.41	
Region Fundraising	1,000.00	1,029.75	1,000.00
Total Imagine Life Without Violence Income	1,000.00	1,312.16	1,000.00
Expenses			
ILWV Grants		9,000.00	
Fundraising Expense			500.00
Administration: Supplies, Bank Fees			
Total Imagine Life Without Violence Expenses	-	9,000.00	500.00
Net	1,000.00	(7,687.84)	500.00
Fund Balances as of 1/21/2024			
	Money Market	7,760.72	
	US Bank Checking	892.20	
	Grand Total	8,652.92	

Soroptimist International of the Americas - Northwestern Region
Proposed Region Budget: 2024-2026, Operating Funds

	Approved Budget 2022-2024	Actuals To Date 1/21/2024	Proposed 2024-2026 Budget
Income			
Dues	40,925.00	42,694.20	36,262.00
Club Operation Assessment	7,400.00	7,050.00	6,800.00
Dues Late Fees	100.00	350.00	100.00
Miscellaneous Income	1,500.00		
Region Fundraising	2,000.00	5,578.00	2,000.00
Total Region Income	51,925.00	55,672.20	45,162.00
<u>Region Conferences and District Meetings Income</u>			
Region Conference - (2 Conferences)			
Conference Income:			
Registration, Meals, Tell & Sell, Misc.	162,000.00	72,513.98	172,300.00
Sponsorship	13,000.00	5,750.00	5,000.00
Region Conference Fee	14,800.00	14,100.00	13,600.00
Total Conference Income	189,800.00	92,363.98	190,900.00
District Meetings - (8 meetings)			
District Meeting Income:			
Registration, Meals, Tell & Sell, Misc.	96,500.00	105,388.32	105,000.00
District Meeting Fee	14,800.00	14,100.00	13,600.00
Total District Meeting Income	111,300.00	119,488.32	118,600.00
Subtotal Conferences and District Meetings Income	301,100.00	211,852.30	309,500.00
Total Income	353,025.00	267,524.50	354,662.00
<u>Region Conferences Expenses</u>			
Conference Meals/ Bev/Lodging/Travel/AV/Speaker/Etc.	189,800.00	84,621.80	191,200.00
Total Conference Expense	189,800.00	84,621.80	191,200.00
<u>District Meeting Expenses</u>			
DM Meals/ Bev/Lodging/Travel/AV/Speaker/Etc.	109,000.00	117,231.62	118,800.00
Reg Officers, Site Coordinator Expenses; Misc. Reg Exp	17,090.00		14,000.00
Total District Meeting Expense	126,090.00	117,231.62	132,800.00
<u>Other Expenses</u>			
Interim Board Meeting - (1 meeting in person, 1 virtual)			
Travel, Meals, Lodging, Printing, Supplies	4,765.00	2,010.56	4,765.00
Total Interim Board Meeting Expenses	4,765.00	2,010.56	4,765.00
Pre-Conference Board Meeting - (2 meetings)			
Travel, Meals, Lodging, Printing, Supplies	12,930.00	-	-
Total Pre-conference Board Meeting	12,930.00	-	-
District Director/ Secretary Training - virtual			
Travel, Meals, Lodging, Printing, Supplies	250.00		200.00
Total District Director/Secretary Training	250.00	-	200.00

Soroptimist International of the Americas - Northwestern Region
Proposed Region Budget: 2024-2026, Operating Funds

	Approved Budget 2022-2024	Actuals To Date 1/21/2024	Proposed 2024-2026 Budget
Area Meetings - (4 Districts for 2 years)			
Travel, Meals, Lodging	1,600.00	254.76	1,600.00
Total Area Meetings	1,600.00	254.76	1,600.00
Site Visits - Conference/District Meetings			
Travel, Meals	750.00	-	-
Total Site Visits - Conference/District Meetings	750.00	-	-
SIA Convention & Gov. Roundtable			
Travel, Meals, Lodging, Registration Governors Roundtable	2,000.00	50.00	- 3,500.00
Total SIA Convention & Gov. Roundtable	2,000.00	50.00	3,500.00
Operating Expenses			
Printing/Postage	200.00	516.14	500.00
Communication Tools <i>Zoom, Web</i>	3,330.00	562.33	500.00
Professional Serv.- <i>Accountant(Review, Taxes, 1099's report.)</i>	8,350.00	1,885.00	8,300.00
Software - <i>Quickbooks, Microsoft, Adobe</i>	2,000.00	781.59	500.00
Administration & Supplies & Misc.	200.00	423.63	150.00
Insurance	2,940.00	1,500.69	2,500.00
Bank Charges	800.00	327.06	
Total Other Operating Expenses	17,820.00	5,996.44	12,450.00
Live Your Dream Award from General Acct.	-	-	-
Membership Retention Charter	-	-	-
Fundraising Expenses:	200.00	4,968.00	
Total Other Expenses	\$ 40,315.00	\$ 13,279.76	\$ 22,515.00
Total Meeting & Other Expenses	\$ 356,205.00	\$ 215,133.18	\$ 346,515.00
Net	\$ (3,180.00)	\$ 52,391.32	\$ 8,147.00
Checking Account Balances as of June 30, 2022:		\$ 94,077.52	\$ 93,943.52
Net Income or Loss		\$ (134.00)	\$ 8,147.00
<i>The balance as of 1/21/24 will change before the end of the biennium.</i>			
<i><u>This is meant as an example.</u></i>			
Fund Balances after examples of income show for the end of the biennium.		\$ 93,943.52	\$ 102,090.52

Northwestern Region

Region and District Officer Nominations

There were no nominations received from District 4 for District 4 Secretary to the Nominating Committee. Nominations may be made from the floor for ALL offices during the Friday morning business session by delegates within a candidate's district. Candidates nominated from the floor must be members in good standing with their clubs. After nomination, candidates must distribute enough copies of their resumes to the delegates within their district.

Northwestern Region

Governor-Elect

Chris Christensen, SI Ashland

Theresa Heidt-Vanderschoot, SI Bend

Secretary

Angela Comstock, SI Coeur d'Alene

Catherine Dorn, SI Albany

Heidi Gordon, SI Hamilton

Carolynn Kaetterhenry, SI Oak Harbor

Chris Kelly, SI Missoula

Treasurer

Becky McGinty, SI Spokane

District 1

Director

Sandy Jennings, SI Port Orchard

Secretary

Debbie Austin, SI Port Orchard

District 2

Director

Jeanne Androvich, SI Southwest Washington

Jacilyn Margeson, SI Portland

Secretary

Theresa Hart, SI McMinnville

District 3

Director

Susan Thornton, SI Pasco-Kennewick

Secretary

Nancy Boettcher, SI Lower Yakima Valley

District 4

Director

Diane Yarus, SI Whitefish

Secretary

No candidate for this position. Nominations will be accepted from the floor. Please have resumes to distribute at that time.





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Christina Christensen, SI Ashland

Position: Governor-Elect

Email: urillaearp@me.com



Business Experience/Background: I have over the course of my life owned a flower shop, worked for the US Forest Service, worked in Los Angeles as a professional stage manager and spent the last twelve years before retirement employed for the Sherwood Regional Family YMCA beginning at the Front Desk and ending as their Marketing Director when I retired and moved to Ashland in 2014. I have worked as a freelance photographer, first curator of the Gresham Historical Society Museum and freelance writer for various publications. After retiring and moving to Ashland I have been working as a Stained Glass Artist.

Soroptimist Experience:

- Joined SI Gresham in 1985. Held offices of Secretary, Delegate, Director and President-Elect at SI Gresham. Sat on all committees throughout membership. President 1995-'96. Years of Membership, SI Gresham 1985-1998
- Region Committee member, Grant of Friendship (to form Grant of Friendship in NWR). Region Conference Chair 1991, Portland, OR. Attended all District Meetings and Regional Conferences from 1986-1998 and 2014 to present.
- Attended SIA Federation Conventions in Cincinnati and San Francisco. Attended SI International Convention in Nottingham, England and Dublin, Ireland
- Joined SI Ashland 2014. Co-Chair fundraising project, OSF Pillow Booth 2016-2020, Mentored in 2015. Have sat on Education, Public Awareness, Admin and Human Rights Status of Women/International Goodwill and Understanding at SI Ashland
- District 2 Secretary 2018-2020
- District 2 Director 2020-2022
- Region Secretary 2022-2024

Offices/Board Memberships in Other Organizations:

- Gresham Historical Society board member 1988-1995, President 1995
- YMCA Camp Collins, board member 1999-2007, Board President 2006
- Sherwood Regional Family YMCA 1999-2001, Board member
- Girl Scout leader 2002-2014

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I have now served on the NWR Board since 2020 and have been a District or Region officer since 2018. I have been an advocate for women and girls in all my work with other organizations listed above. I have graphic experience in creating print materials both with NWR and the YMCA.

Personal Statement: I have spent most of my life both as a young adult and a working adult supporting nonprofit organizations from the YWCA, Girl Scouts, YMCA to the Gresham Historical Society, all of which I have taken leadership roles. It has become my passion to help where needed and to accept when asked. While I took time away from Soroptimist to raise my daughter I have come back renewed with ideas and skills learned from my time with the YMCA. I will always be a Soroptimist working to achieve the best for women by investing in them.



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Theresa Heidt-Vanderschoot

SI of Bend, District # 2

Position: Governor-Elect

Email: tbvanderschoot@msn.com

Business Experience/Background:

Masters in Counseling, currently working as Behavior Consultant. 7 years' experience as professional counselor, 35 years in social services in various areas of health care and social services. Own/operate an adult foster home for individuals with disabilities. I run a consulting/training business.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

- I have been a member of Soroptimist since 2001
- President for 2 years, 2010-2012 in McMinnville, current president SI Bend
- NWR Secretary, 2028-2020
- District 2 Director, 2016-2018
- District 2 Secretary, 2014-2016
- Member of numerous committees over the years including Baby Shower, Awards, Dream It Be It, membership, area representative for 4 years, served on the board of directors as member at large, and much more.
- Attended most of the district and region conferences during my 22 years as a member and one federation convention.
- Convention Chair 2024 SIA convention in Bellevue, WA.
- Member of the Fellowship Leadership Cohort 2023-2024

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I have advocated on behalf of the underserved in my personal and professional life. As a counselor, I worked with individuals that were in hospitals and advocated for their treatment. I have skills in negotiation and mediation. I have experience on the board and planning conferences and budgets.

Personal Statement:

I believe in the mission and values of Soroptimist and if elected will do my best to ensure NWR represents those values and missions in my words, actions, and leadership.



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Angela Comstock SI of Coeur d'Alene

Position: Region Secretary

Email: alemmerman@gmail.com

Business Experience/Background: BS and MS in Geotechnical Engineering and have worked as a civil engineering Program Manager for Public and Private clients for 17 years.



Soroptimist Experience: (*Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.*)

- SI Boise Club, Member 2005-2007
- SI Coeur d'Alene Club, Member 2008-current
- SI Coeur d'Alene Club, President 2010-2012, 2014-2016
- SI Coeur d'Alene Club, Secretary and Pres-Elect 2012-2014
- SI Coeur d'Alene Club, Women of Distinction Fundraiser Event Chair 2015-2021
- SI Coeur d'Alene Club Dream It Be It Committee Member 2016-2017
- SI Coeur d'Alene Club Membership Committee Chair 2023-2024
- Area Meeting Committee Member, various years
- District 3 Registration Chair 2016-2018
- District 3 Secretary 2018-2020
- District 3 Director 2022-2024

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

My job includes leading and managing 20+ employees and hundreds of contracts annually. I am a dependable, process-oriented person who excels at supporting my team, whether it is my family team, my work team or my Soroptimist team and would be honored to take my Soroptimist experience to the next level.

Personal Statement:

I feel supported and honored by the suggestion that I serve at the Region level and support our Northwestern Region in improving the lives of women in girls in the northwest and across the globe. My experience with Soroptimist has taught me that the more effort I put forth, the more return I receive in knowing that I am impacting women and girls in my community and beyond. What I chose to do with my time matters deeply to me, as the mother of 2 children, and I know for certain the time I give to Soroptimist is time well spent and something I am proud to do and be a part of.



SOROPTIMIST®
Investing in Dreams



Catherine Dorn, SI of Albany

Position: Region Secretary

Email: thedorns@msn.com

Business Experience/Background: BA Mass Communications, Linfield College; Process Manager, Quality, for a specialty metals manufacturer.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

SI Albany Member November 2013 – Present, Club President 2016-2018, General Chair and Publicity Chair Walk for the Cause, Live Your Dream Club Representative and committee member, Dream It Be It Chair, Student of the Year Committee Chair, Area Meeting representative, Student Assistance committee member, Spring Flower Sale committee member, Letter from the Heart campaign committee member.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I have been honored to serve as District 2 Director for the past two years, and am interested in the aspects of mentoring our members to take on new roles in Soroptimist and in their communities. I have had multiple years of Leadership training, facilitation, auditing, problem solving, and root cause analysis in my career, and I am happy to bring the skills I've learned to Soroptimist to help in any way I can.

Personal Statement:

I am honored to have been nominated to stand as a candidate for Secretary of the Northwestern Region. Serving on the Board at the Region level has given me a much bigger understanding of Soroptimist, how our Clubs and members fit into the overall SIA strategy to invest in the dreams of women and girls, and a larger perspective of Soroptimist's influence not just in my local area, but also around the world. I'm proud to be able to contribute to the success of the Region, and would be honored to do so as Region Secretary.



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Heidi Gordon SI of Hamilton

Position: NW Region Secretary

Email: mtis4me61@yahoo.com

Business Experience/Background:

I spent 28 years working for Providence Health and Services working in both the clinical and in the information technology fields. In August 2020 I left the organization and now work for the Ravalli County Museum in Hamilton Montana as the Admin/Operations Manager. I am an Army Veteran (both Active Duty and Reserves). I have three degrees – Bachelor of Science (Business Administration), Master of Art (Management), and Master of Science (Healthcare Administration). I am also a Certified Information Technology Asset Manager. I have been a presenter at the International Association of Information Technology Asset Management Annual Conference 2007, 2009, 2010, 2018.

Soroptimist Experience:

Current Director, NWR District 4 2022-2024; NWR D4 Nominating Committee Representative 2020-2022; Club Newsletter committee SI Hamilton (D4) 2012-2013, 2020-continuing; Committee Member Technology SI Hamilton (D4) 2022 –continuing; NWR D1 Fund Raising Representative 2018-2020; Past Co-President SI Renton (D1) 2016-2017; Past President SI Renton (D1) 2015-2016; Past Vice-President SI Renton (D1) 2014-2015

Offices/Board Memberships in Other Organizations:

I am the Treasurer and Board member of the Bitterroot Discovery Children's Museum. Founding member, Board member, Texas Software Asset Management User Group 2007-2018. This group was established as an educational group for individuals who worked in the field of Software Asset Management. Group disbanded in 2018 and moved into an international SAM group. Team Member/Contributor in developing ISO/IEC 19770 Information Technology Standards 2007-2010. Past Rehearsal Manager for the Seattle Women's Chorus 2002-2005

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I believe I am qualified for the position of NWR Secretary as each position in my background (healthcare, the military, inventory compliance, and museum operations) and my leadership positions within Soroptimist (Vice-President, President, Committees, and District Director) all require/required complete and accurate records be maintained.

Personal Statement:

I have learned throughout work and personal experiences that it is critical to keep and maintain accurate documentation. The Region Secretary is responsible for capturing, recording, and maintaining the NWR Board minutes and other items as requested for legal posterity. I would be honored to server as your next Region Secretary.



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Carolynn Kaetterhenry, SI of Oak Harbor

Position: Region Secretary

Email: bobandcare@outdrs.net

Business Experience/Background:

InterWest Bank 1993 – 2001: Accounting; Family Bible Church 2001 to present in the following roles: Women's Ministry Special Events Coordinator; Women's Ministry Director; Women's Ministry Advisor

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

Member of Soroptimist International of Oak Harbor since September 2000. President (2018-2019); served as President Elect, Director, and Delegate. Have chaired and/or served on all committees within the club. Currently co-chairing our Dream It Be It Program and serve on Purse Auction Fundraiser, and Awards & Scholarship Committees. Member of the Laurel Society at the Diplomat Level. Member Of Venture Club of the Americas – 1994 – 2000. Served on all committees and board positions including President. Served as the NWR Venture Secretary

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

Attended all Area and District meetings since 2000. Have served as an Area Representative, District 1 Site Coordinator, District 1 DIBI Representative, District 1 Nominating Committee Representative and Region Site Coordinator. Served as District 1 Director for the 2020-2022 biennium. Currently serving as the Region Conference Chair for this biennium. Attended all Region Conferences since 2000 and have served as an assistant Region Site Coordinator (2004) and Region Site Coordinator (2008-2012). 2017 Most Valuable Player for Northwestern Region

Federation/International Experience: Attended the following SIA conventions: 2004 -Calgary, BC, 2014- Vancouver, BC, 2016 - Orlando, FL, 2018- Yokohama, Japan where I served as our club delegate, 2022 – Virtually (due to Covid), will attend the 2024 SIA Convention in Bellevue, WA; 2023 – SI Convention in Dublin, Ireland

Offices/Board Memberships in Other Organizations: Committee Member for Local Chapter of Ducks Unlimited; Navy Wives Club – Served as President

Personal Statement:

I accepted the invitation to join Soroptimist 23 years ago after serving as a Venturist for many years. I truly believe Soroptimist membership is a privilege which brings the responsibility of service to your local community and when given the opportunity, at the District and Region levels. During my tenure as Region and District 1 Site Coordinator, District 1 Director, and currently as Region Conference Chair I have gained insight into the behind-the-scenes workings of Conference and the Region structure. In my professional career as an event planner, this includes recruiting volunteers to serve on several committees, as well as planning seminars and leadership training. I believe this experience will help me in leading and supporting the Northwestern Region and would consider it an honor to serve in this capacity.



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Chris Kelly, SI of Missoula

Position: Region Secretary

Email: chris.kelly@hdrinc.com

Business Experience/Background:

I have worked at HDR Engineering for 26 years and currently service as an Assistant Marketing Manager, where I routinely schedule and run meetings, including taking and distributing meeting minutes.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

I have been a member of SI Missoula for 22 years, serving in numerous roles, including President (2 terms), Treasurer (2 terms), Secretary, and chair of various committees. I also served as District 4 Director and Secretary and Region Nominations and Election Chair. I am currently the District 4 Membership Representative.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I am a hoarder of information. Regardless of the situation or meeting, I am always taking my own notes. In my professional world, my position requires me to make the best use of limited time and resources, keep discussions succinct and on-track, maintain accurate action items, and follow up with my team on the status of their action items. I routinely work with diverse personalities across multiple offices throughout the northwest.

Personal Statement:

We all have something we can contribute to make our world a better place, whether it's our time or our talent, but we can only do so much individually. Being a Soroptimist allows us to maximize our collective impact, amplifying our contributions to support women and girls. Membership also provides professional and personal growth opportunities for our members, allowing us to lift each other up, as we do for the women we support.



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Becky McGinty, SI of Spokane

Position: NWR Treasurer

Email: becky@committedaccounting.com

Business Experience/Background:

I have over 30 years in the accounting/bookkeeping industry as well as my bachelor's degree in accounting. I have owned Committed Accounting Services LLC since 2009 and serve mostly non-profit organizations in several different states.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

I joined Soroptimist in 2008 in Port Angeles (Jet Set) and transferred to SI Spokane in 2023. I have chaired numerous committees, SIPA Jet Set President 2014-2015, Northwestern Region Treasurer 2022-present, and received the Jet Setter of the Year Award in 2012 and 2020.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

In addition to the above, now that I have been the Northwestern Region Treasurer, I feel my experience in this position qualifies me for serving again. I have worked hard the past two years to restructure the Region's accounting system, trained incoming club treasurer's and hopefully made a difference helping clubs stay on track with the financial help so their clubs can stay compliant with state and federal laws as well as continue to serve the mission.

Personal Statement:

Working with the Northwestern Region team and meeting club members region-wide has been an amazing experience. Although this position has been a tremendous amount of work on top of running my business and just living life, the rewards have been great as well. Soroptimist mission is the most important goal and keeping the books is a critical and important part of making that happen. I would very much like to continue to serve.



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Sandy Jennings, SI Port Orchard

Position: District 1 Director

Email: sandyjtoday@gmail.com

Business Experience/Background: Business Experience/Background:

I have held various business positions, as well as administrator of a private school (K-12) and preschool. I am an ordained minister with a background of motivational/inspirational speaking for conferences/retreats and seminars in both the US and other countries.

I led a women's service organization in Washington/Northern Idaho; training women in leadership and fundraising projects. I am a small business entrepreneur as a Mary Kay Director.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

I have been a member of Soroptimist since 2017, and have served as club secretary, 2018-2019, club president elect 2019-2020 and club president 2020-2021. I currently am serving as club president 2023-2024. I have taken the opportunity to serve on as many committees as possible at the local club level. I have served as the District 1 Representative for the Northwestern Region Nominating Committee and now serve as the NWR Membership Chair. Background

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I have a Bachelor of Arts in Organizational Management and a Master of Arts in Leadership.

I have served in several non-profit organizations as a volunteer and board member.

For 13 years I served as Womens Leader for the Northwest Ministry Network which included, Washington/Northern Idaho. This entailed planning events, serving on national committees for leadership and strategic planning, travel in various countries speaking, training, leading seminars and raising awareness of needs for fundraising projects. I volunteer in my community with Fathoms O Fun (organization that plans community family events), Chimes and Lights committee for our city (planning family Christmas event), and my local church in various capacities. I am a guest teacher in the South Kitsap School District.

Personal Statement: I have spent many years in leadership, encouraging and empowering women: in personal growth, involvement in service, developing and using their talents to serve women and girls in their community, and around the world. I feel I can serve effectively the Northwestern Region Board as District 1 Director; by continuing to lead women in growth and service through the opportunities given through Soroptimist. I would be honored to serve as District 1 Director.



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**Jeanne Androvich SI of Southwest
Washington, WA**

Position: District 2 Director

Email: jeanne.androvich@mindspring.com



Business Experience/Background:

Early Childhood Education major. Former preschool teacher/director and co-kindergarten teacher. Former office manager and sales & marketing associate for an educational publishing company. Currently retired, and an active volunteer and board member with 4 local non-profit associations, clubs & groups.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

Joined Soroptimist on February 16, 2007. Member for 17 years.

2013-2014 President SI Marin County (1 year).

2016-2017, 2018-2024 President SI Southwest Washington (7 years).

At club level have also served as a delegate, director, recording secretary, treasurer, & vice president.

At district/region level have served as the district representative for Dream It, Be It (1/2 biennium), Imagine Life Without Violence (2 bienniums) & Philanthropy (1 biennium).

Served as the chair or member of multiple club committees and an S Club liaison.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

Volunteerism feeds my soul! What I may lack in work experience, I make up for with my passion, commitment, and leadership skills. Since 2007 I have had the unique experience of being a member of 6 different Soroptimist clubs in 4 different regions which has given me firsthand experience with the successes and challenges of clubs with 8 to 100 members. I'm a good listener, patient, work well with others, know how to delegate, enjoy new challenges out of my comfort zone, and I believe in treating everyone with kindness and respect.

Personal Statement:

I am deeply honored to be nominated for the Northwestern Region District 2 Director position. Soroptimist has been an important part of my life since I joined in 2007. I value the opportunity to be involved with an established organization that is both local and global. The Soroptimist mission touches my heart, and the friendships I've made over the years have enriched my life. I always look forward to attending area and district meetings, region conferences, and federation and international conventions. These experiences have deepened my commitment to Soroptimist, and I continue to be inspired by our leaders and members. I have benefited greatly from the leadership training provided by Soroptimist, and if elected I will do my best to represent District 2 and serve the Northwestern Region with the same commitment and passion I give to all my endeavors.



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Jacilyn Margeson, SI of Portland

Position: District 2 Director

Email: jacimargeson@gmail.com

Business Experience/Background:

I worked for over 35 years for a Federal agency. At the time of my retirement, I was an Assistant General Counsel overseeing a legal staff of 30 professionals, covering a broad spectrum of legal issues ranging from finance to ethics and human capital matters. Outside of my work, I developed 3 different one to two-days seminars for a trade group covering real property issues. As part of that development, I planned the agenda, contacted speakers and designed course materials. I also was responsible for marketing the seminars. I have also developed and implemented mini-seminars on various topics.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

I am very passionate about Soroptimist and its mission. I have been a Soroptimist member for 12 years. I was a club president for four years from 2016 to 2021. During my presidency, I led the club through the COVID pandemic, during which time we doubled our membership. I also led and chaired the first (and last) Dream It, Be It program for the club. I was also the chair for our Live Your Dream Awards program for three years. During my presidency, the club revised our Bylaws, updated our financial policies and created a 5-year plan. I am also involved in two Big Accelerator Goals efforts. One at the club level and one at the area level. And finally, I am currently in the second year of being the District 2 Secretary. While in this position, I had an outstanding mentor, Catherine Dorn, to prepare me for taking on the District 2 Director tasks.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I am passionate about Soroptimists and its mission. I am dependable and responsible. I have a high ethical standard. My legal training and experience gives me the skills to analyze an issue objectively. I embrace diversity and different views. At the same time, I am a team player; actively listening to other's opinions and ideas. I am able to work with most people.

Personal Statement:

I would be honored to be your next District 2 Director. I will support Governor Wendy's vision for this region to the best of my ability. I will embrace the power of women working together to achieve extraordinary things. Most importantly, I will serve the clubs in District 2 with respect for all that you do to empower women and girls in your community. And last, but not least, I will try to remember to recognize your contributions to this amazing organization.



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Susan Thornton SI of Pasco-Kennewick

Position: D3 Director

Email: thorntonsef@yahoo.com

Business Experience/Background:

- Founded and worked in a community mediation center as board member, mediator, educator, and executive director.
- Community College Philosophy Instructor (Ethics & Critical Thinking) for 10 years.
- Advocate for and Coordinated services and education in a restorative justice option provided by two Oregon Indian Tribes' tribal courts.
- Parented five now adult children.
- Leadership roles in League of Women Voters and other community organizations.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

- 25 years of Soroptimist membership – SI Pasco – Kennewick - 12 years, SI Coos Bay Area – 13 years
- Served as President of SI Coos Bay Area 2010-2012 and President of SI Pasco-Kennewick 2022-2023;
- Served as Club Board Director, Treasurer, Chaired the Membership Committee and served on the Finance Committee, Program Committee, Dream It-Be It Committee and Fundraising Committee.
- Attended many District 2 & 3 Meetings and Region Conferences over my 25 years of membership and most recently attended the SI meeting in Dublin as my club's delegate.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

Interests:

- Human rights
- Equal opportunity through education

Education:

- Masters degree in Ethics

Personal Statement:

• My day often begins with this question from a Mary Oliver poem: "Tell me, what is it you plan to do with your one wild and precious life?" (Poem 133 The Summer Day) Then I watch for opportunities that will shape my answer. Being nominated to a Soroptimist leadership position is a recent example of one of those "opportunities." I am choosing to say YES to this nomination because the very clear and important Soroptimist mission increasingly engages my head, heart and hands. If elected to the District 3 Director position, I look forward to working with the Northwestern Region Board in supporting our members with the tools needed to achieve our organization's mission and goals.



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Diane Yarus, SI of Whitefish

Position: D4 Director

Email: diane@airworksmt.com

Business Experience/Background: I have a B.S. degree in Biology from George Mason University. I worked for 3 years as a research assistant in the Dept. of Anatomy at the George Washington University (GWU) School of Medicine. After studying computer science while at GWU, I worked as a computer analyst/programmer at EDS and First Virginia Bank. After moving to Montana in 1991 with my husband, we started AirWorks Inc., a heating and cooling contracting business in 1995. We still operate that business as well as a property rental, LLC. I graduated from Leadership Flathead in 2000. I have been named Business Women of the Year by the Kalispell Chamber of Commerce (2002) and Montana SBA Woman in Business Champion (2006).

Soroptimist Experience: I joined Soroptimist International of Kalispell in 2003. I served as Treasurer, President Elect and President of the Kalispell club before it closed in 2015. I am currently a member of SI Whitefish and served as treasurer from 2017-2019 and am currently president until July 2024. I have served as District representative for Live Your Dream and Imagine Life without Violence (serving as chair for 2 years). I chaired my clubs Human Trafficking committee from 2016-2020.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

My experience operating a small business has given me the opportunity to understand and produce financial statements for decision making and reporting purposes. I have been a founding member of several other nonprofits. In this capacity, I have helped develop policies and procedures for financial oversight and fundraising. I have participated in nonprofit development classes through the United Way and the Montana Nonprofit Association (MNA) and stay current on issues impacting nonprofits thru membership in the MNA. I had the privilege of attending my first Soroptimist International Convention in Ireland in July 2023. The experience reinforced my love for serving an International Organization that brings women from across the globe together to empower women and girls, everywhere. I understand the responsibilities that board membership entails and believe all boards function as a team in pursuit of fulfilling the organization's goals while keeping the mission front and center.

Personal Statement: Over my 20 years of membership in Soroptimists, I have witnessed many changes in the organization from the club level on up. While change can be difficult, if embraced with a positive attitude, can lead to growth and the evolution necessary for keeping our work relevant and current to the challenges women and girls face today and into the future.



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Debbie Austin, SI of Port Orchard

Position: District 1 Secretary

Email: alinc@wavecable.com

Business Experience/Background: I have an Associates degree in Law Enforcement and a second degree in Horticulture. I owned and managed a landscape construction and maintenance business employing over 300 employees over a twenty year period. Then, I changed my wardrobe and spent 14 years as senior legislative assistant for Jan Angel as she served, first as a Kitsap County Commissioner, then WA State Representative, and finally as a WA State Senator. I am now retired.

Soroptimist Experience: I joined SI Port Orchard 26 years ago, serving as Treasurer, Vice President, President Elect and President during my first five years. I have served or had oversight over every committee we have. My forte is in Ways and Means and Public Awareness. I was chair or co-chair of our largest dinner auction fundraiser for 17 years. I currently co-chair our spring and fall craft and gift shows, going on 16 years now. I served as President again during the years of 2018-2019 and 2019-2020. For six years I worked with Chair, Sharron King, on District and Region Registration. I am currently the District 1 Secretary.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

Running all facets of a successful business and working alongside a state leader for 14 years gave me the opportunity to gain the skills needed for the position of District 1 secretary. Besides clerical skills, I am a leader and a great team player. I am a problem solver and love a good challenge. Soroptimists has been a part of my life for many years. Working to better the lives of women and girls has taken many forms and I have the time and energy to continue my journey in Soroptimists.

Personal Statement: Serving as District 1 Secretary over the last two years has been rewarding, fun, and oh so educational! I have met so many talented, strong and inspirational women and look forward to meeting many more. I would very much like to continue in this position for the next biennium to continue to hone my leadership skills and prepare myself for whatever the future might bring. Thank you for your friendship and support over the last two years and beyond!



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Theresa Hart, SI of McMinnville

Position: D2 Secretary

Email: theresa.hart@wvh.org/theresahart101@gmail.com

Business Experience/Background:

I have worked for or with nonprofit organizations in Oregon for more than 20 years, mostly doing community development/engagement and fundraising. I own a consulting company that assists nonprofits with grant writing and training and capacity building. I've worked as a community development director/manager and community engagement manager for a children's grief services, child abuse intervention center, as well as my current employment as a community development manager for Willamette Vital Health, a hospice and grief care services nonprofit agency.

Soroptimist Experience: (Club, Area/District/Region, Federation, International; include years of membership, years of presidency, committee work, etc.)

I have been a Soroptimist for 6 years beginning with the SI North Valley in Southern Oregon and presently with SI McMinnville/District 2/Northwestern Region/Federation of the Americas in the Willamette Valley. I currently serve as co-president of the SI McMinnville club. I've worked on the DIBI and LYD award committees. I have served as a SI McMinnville delegate at Northwest Regional Conferences the nearly two years.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I've served on nonprofit boards as a board secretary, member at large, president, vicepresident, and committee chairperson. In college, I studied journalism. I have done technical writing (grant writing) and written newsletter articles and poetry. I was a member of Toastmasters International for three years. I am passionate about assisting women and girls to complete their education as I grew up in a working-class family of seven children and was a single mom in my late teens. Having experienced many barriers in my own life, I am committed to assisting women and girls in fulfilling their dreams.

Personal Statement:

As a community development manager with more than 20 years serving nonprofit organizations including for a children's grief services organization and a child abuse intervention center. I am a six-year member of Soroptimist and am serving as the co-president of SI McMinnville/District 2/Northwest Region. Growing up in a working-class family and having been a teenage mom who overcame many hurdles, I am passionate about helping women and girls achieve their dreams.



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Nancy Boettcher SI of Lower Yakima Valley

Position: D3 Secretary

Email: nboettcher1@icloud.com

Business Experience/Background: I was an agricultural lender in Central Washington in for 45 years prior to retiring in 2021. I was the first female ever hired by the 12th District Farm Credit Bank in 1976 after graduating from WSU with BS degrees in Animal Science and Agricultural Economics. Coming from a rural background I was active in 4-H, church, and numerous High School activities, which continued in college serving in Mortar Board, Block and Bridle, Alpha Zeta, AgSWSU. I am a graduate of Washington Ag and Forestry Leadership program- a two- year program to develop leaders in Natural Resources. I have served on numerous county advisory committees for County Extension, and Local, state, and federal political advisory committees. I have been the co-author of several WSU publications on the future of agriculture in the PNW and on the beef cattle industry. Most recently I just retired from the USDA Far West Spearmint Marketing Order and as the chair of the Washington Ag Bankers Committee.

Soroptimist Experience: I joined SI Lower Yakima Valley in 1982. I have served all the offices in the club at least once if not numerous times. I have been a delegate to numerous regional conferences over the last 41 years. I am currently President of the club. Over the years I have served only minutely on committees at the regional level due to the fact I was extremely busy in my career and then most recently to help guide my small club through some rough patches in membership and leadership gaps. I have served as chair on most of the standing committees in the club- fund raising, membership, by-laws, budget, etc.

What is there specifically in your background, training, education experience and interests which qualify you to serve as a member of the Region Board or as a District Officer?

I know what Soroptimist is all about after being a member for 41 years and recognizing the changes we have gone through. My leadership training- both career wise as a senior bank officer and a leader in agri-business, has given me organizational skills that are excellent, and my math/economic skills do give me the ability to critique projects - their costs and benefits to others. I have good communication skills and a positive attitude. My philosophy is never complain about things without offering an option or a potential solution.

Personal Statement: Dreams and how to achieve them-that is what this once shy country girl needed when she was young. Having the right influences in my life- parents, mentors, teachers, neighbors, community and civic groups all contributed to my personal success! Believing in myself, and now INVESTING IN THE DREAMS of others is my goal in Soroptimist. Please consider me taking another step in this goal!